



# **Food and Health Programme**

#### **TUTORS NEEDED FOR PART-TIME WORK**

Tutors are required to deliver 'Healthy Food Made Easy' courses to local community groups in Laois and Offaly.

Food and Health is a nutrition programme. Tutors are trained to deliver short duration Healthy Food Made Easy courses to local community groups across Laois and Offaly. This project is a joint initiative between the HSE and Laois Partnership Company.

#### **Details**

- Food and Health tutors will receive certified training in nutrition and facilitation skills
- Training will enable tutors to deliver Healthy Food Made Easy courses

## **Requirements:**

- Training / Facilitation skills
- An interest in healthy lifestyles particularly healthy eating
- Own transport as travel throughout Laois & Offaly area is required
- Flexibility must be available to deliver courses during day and evening
- Must be available to attend full training sessions

### **Location:**

We are looking for applicants throughout Laois and Offaly. Previous tutors will be considered.

## **How to Apply:**

For an application form and to find out more details, please call 087 7387611 or email: <a href="mailto:foodandhealth@laoispartnership.ie">foodandhealth@laoispartnership.ie</a>

Closing date for applications: Friday 14th November at 5pm.